

Comparative Studies on the Antitumor Effect of Artemisinin, Artesunate and Artemether Against Stage II Breast Cancer in Animal Model

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Abstract

Cancer is a widespread disease in which regulatory mechanisms of cell growth and proliferation has led into failure and results in continuous cell reproduction. Nowadays, breast cancer is one of the most common diseases, especially among women. In recent years anti-cancer effects of Artemisinin has taken into consideration. Artemisinin and its two derivatives, Artesunate and Artemether, each have special anti-cancer properties. In our hypothesis using these drugs as a combination may reinforces their antitumor features. At first 4T1 cells were cultured and then were treated with 15-135 microgram of Artemisinin, Artesunate, Artemether and their combination form for 24 and 48 hours and eventually MTT assay was performed to evaluate the cytotoxic effect of drugs. Then we tested the in vivo antitumor effect and cytokine shifting of these drugs in 6 groups of mice.

In MTT assay we observed that all drugs kill 4T1 cell line in a dose-dependent pattern while have no significant cytotoxic effect on normal cells. The combination form of drugs killed 50% of cancerous cells at a concentration of 75 microgram, while Artesunate and Artemether had the same cytotoxic effect at a concentration of 90 microgram and Artemisinin at a concentration of 105 microgram. All these drugs and the combination form could increase the INF- γ level in mice but only Artemisinin and combination group could slow down the tumor growth compared to the control group. No substantial difference was observed between Artesunate and Artemether and control group ($P < 0/05$). Although all drugs specially combination form showed considerable and specific cytotoxic effects in vitro, but only Artemisinin and combination form could slow down the tumor growth in vivo. However, still more detailed information is required to decide about the combination form of drugs and its antitumor properties.

Keywords: Artemisinin, Artesunate, Artemether, combination therapy, breast cancer, 4T1 cell line

INTRODUCTION

Cancer is one of the causes of death in many high-income countries. Among all kinds, Breast cancer is a common and fatal disease and is by far the most prevalent cancer diagnosed in women, 25.2% of all new cases in women[1]. Despite the remarkable efforts and advances in treatment, still significant number of patients dying from breast cancer. This indicates that novel and developed therapies are needed[2]. one of these new and attractive therapies is herbal medicine[3].

Artemisinin (also known as arteannuin or as qinghaosu in Chinese) is a sesquiterpenetrioxane lactone agent, extracted from sweet wormwood (*Artemisia annua*) plant which has a history of more than 2000 years in Chinese traditional medicine and is also well known for the treatment of malaria[4]. The structure of Artemisinin was understood in 1977 and then modifications were done to improve its solubility in oil or water[5]. Over the past two decades, numerous studies have identified antitumor activities of malaria drugs. Nearly all these studies focused on Artemisinin derivatives. Artemisinin and its two

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widely used derivatives, Artemether and Artesunate, beyond their significant anti-malarial activity also show interesting anti-cancer properties such as induction of apoptosis, inhibition of tumor growth, metastasis and angiogenesis[6]. Although the exact mechanism of action of Artemisinin is not completely comprehend but both antimalarial and anti-cancer activities of Artemisinin derivatives are assumed to be linked to iron-induced activation of their endoperoxide group and generation of toxic radical species in the cells[7]. As cancer cells are highly replicative, they have more transferrin receptors compared to normal cells and thus higher iron uptake and they become more sensitive to cytotoxic effects of Artemisinins[6]. Therefore Artemisinin is good candidates in cancer treatment because they have high potency and specificity in killing cancer cells and not normal cells.

Artesunate is a water-soluble semi-synthetic derivative of Artemisinin, and its cytotoxic effect was tested on 70 cell lines from different tumor types[8], while Artemether is a lipid-soluble methyl ether of Artemisinin that can shift the overall immune response towards the Th1 pattern[9]. So Artemisinin, Artesunate and Artemether, each have specific anti-tumor and pharmacokinetic properties; therefore we assumed that utilization these drugs as a combination may have synergistic effects in cancer treatment and increases their anti-tumor activities.

The rationale for using drugs in combination is well established in the treatment of tuberculosis[10] and infection with human immunodeficiency virus[11]. In malaria using Artemisinin based combination the rapies effect rapid and sustained parasitologicalcure in patients with Plasmodium falciparum malaria[12] Combination of agents in treatment of cancer have been used since the 1960, when Greenspan published his work describing the potential of drug combinations to increase cell kill and possibly improve response in breast cancer patients. More research also indicates that combination therapy in breast cancer offers a survival advantage[13].

MATERIALS AND METHODS

Chemicals and Reagents

Artemisinin, Artesunate, Artemether were obtained from Exim-Pharm International Co, India And were dissolved in Dimethylsulphoxide (DMSO) (Merck

company, Darmstadt, Germany) and Polysorbate 80 (Tween 80) (Merck company, Hohenbrunn, Germany) and stored in -20°C and further diluted in PBS for administration. Cyclophosphamide (endoxan®) was purchased from Baxter Oncology GmbH Co. (India) and was diluted in PBS for administration. 3-(4,5-Dimethylthiazol-2-Yl)-2,5-Diphenyltetrazolium Bromide (MTT) was obtained from Sigma Chemical Co. (St. Louis, MO, USA)

In Vitro Studies

Cell Culture

The mouse breast cancer cell line 4T1 was purchased from Pasteur Institute of Iran. Cells were cultured in RPMI 1640 medium (Gibco, UK) containing 2mM L-glutamine, 10% heat-Inactivated FBS (Gibco, UK), 100 units/ml penicillin, and 0.1 mg/ml streptomycin (Gibco, USA) and maintained at 37 in a humidified atmosphere of 5% CO₂. Medium was changed every two days and All experiments were performed with cells in the logarithmic growth phase.

Isolation of Peripheral Blood Mononuclear Cell (PBMC)

PBMCs were obtained from human whole blood using Ficoll density gradient method. 15ml of human blood was diluted with equal amount of cold PBS. The diluted blood was carefully added over 10 ml of Ficoll (Baharafshan, Iran) in a 50ml conical tube. The tube was centrifuged in 350 g at 22°C for 20 min (without brake). The layer between plasma and ficoll was collected and washed with 5 mL PBS and centrifuged in 350g at 4°C for 10 min.

Preparing Drugs

Artemisinin, Artesunate, Artemether and cocktail form of drugs were dissolved in lowest amount of DMSO and tween 80 to prepare a stock solution. The stock solution was filtered through a 0.22 µm micro pore filter and stored at 4°C. the stock was diluted with PBS to prepare other doses. The maximal dilution of DMSO in the wells of the plate did not exceed .45%. Drugs were freshly prepared for each test or administration.

MTT Cytotoxicity Assay

The cytotoxic effect of our drugs was determined by MTT (Merck, Germany) assay. To perform this test 1 × 10⁴ 4T1 cells were seeded into each well of a 96 well-plate in 200 µl of RPMI 1640 medium, after a

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24-h incubation the culture medium was removed and 200 μ l of fresh medium was added to each well, and then the cells were treated with 20 μ l of indicated concentrations of ART, ARTs, ARTm and the cocktail of these drugs and incubated for 24 and 48 h in 37°C (the final concentration of drugs in the wells was between 15 to 135 μ g). For control cells, equal volumes of DMSO and tween 80 were added. After 24 and 48 h the medium was removed and 200 μ l of fresh medium and 20 μ l of MTT solution (5 mg/ml in PBS) was added to each well. After 4 h of incubation in 37°C, the formazan crystals were dissolved in 100 μ l of DMSO and the absorbance was measured at background wavelength of 540 nm using a micro plate reader (Lab Systems Multiskan). Three independent experiments were done in triplicate. The same process was performed on human PBMCs at a density of 1×10^5 cell per well.

The viability of cells was presented as the percentage of control as follows:

Viability(%): $\frac{OD_{\text{samples}} + (OD_{\text{Control}} - OD_{\text{DMSO}})}{OD_{\text{control}}} \times 100$

In Vivo Studies

Animal Experiments

Six-to-eight-week-old female BALB/c mice with weight of 16-20 g were obtained from Pasteur Institute of Iran. The animals were housed and fed for one week in a specific pathogen-free conditions; Animal care and treatment were conducted in conformity with the guideline of Animal Care and Research Committee of Tarbi at Modares University.

Plan of Study

The Tumors were established by subcutaneous injection of 8×10^5 4T1 cells, suspended in 100 μ l of Phosphate-buffered saline (PBS), into the posterior flank region of each mice (day 0). The mice were inspected for tumor formation every two days. After 10 days, the tumor size was recorded and the treatment was started. The length (L) and width (W) of the tumors were measured daily by a single person using digital Caliper. The volume (V) of each tumor was estimated according to the formula:

Volume = $[\pi \times L \times W]^2 / 6$.

The general status of mice including the daily activities and body weight were observed daily.

When the average size of tumor achieved 90 mm³, 30 tumor-bearing mice were randomized into six groups, each consisting of five mice. Treating mice with drugs started and continue for 12 days after the first drug administration,

The first group was treated with 20mg/100 μ l of Artemisinin daily.

The second group was treated 20mg/ 100 μ l of Artesunate daily.

The third group was treated 20mg/ 100 μ l of Artemether daily.

The 4th group was treated with the combination of these drugs at the same dose.

The 5th group was treated with Cyclophosphamide as positive control.

The last group received the drugs solvent.

Antigen preparation

Tumor at the size approximately 3000 mm³ was extracted from a breast cancer-bearing BALB/c mouse. The tumor tissue was cut into small pieces in PBS and passed through a 150 μ m Mesh filter. The suspension was then underwent the freeze-thaw process for five times. To inactivate serine proteases, 1 mM of phenyl methyl sulfonyl fluoride (PMSF) (Gibco, USA) was added to the cell lysate. The cell lysate was centrifuged in 3000 g for 15 min at 4°C and the supernatant was dialyzed against 1 L of PBS buffer with stirring for 24 h at 4 °C. The PBS buffer was changed after 12 h of stirring. The extract was then filtered through a 0.22 μ m filter and its concentration was determined using the Bradford method and stored at -20°C for further use. The concentration of antigen was 1mg/ml.

Separation of Splenic Mononuclear Cells (MNCs)

Mice were sacrificed by cervical dislocation on the 20th day; spleens was resected under sterile conditions and were suspended in cold PBS containing 2% FBS. The splenic cell suspension was RBC-lysed with a solution of 0.75% NH₄Cl and Tris buffer (0.02%) (PH=7.4). The cells were washed and the single-cell suspension was prepared in RPMI 1640 containing 2 mM L-glutamine, 10% heat-inactivated fetal bovine serum, and 100 IU/ml penicillin and 100 μ g/ml streptomycin. To define the viability and density of cells in the suspension, Trypan blue dye exclusion method was used and the viability of splenocytes was >95%.

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Splenocyte Cytokine Production

The isolated spleen MNCs was cultured in 24-well plates (Nunc, Denmark) in a final concentration of 2×10^6 cells/ml and 20 $\mu\text{g}/\text{mL}$ of purified tumor lysate was added to stimulate the cells. After 72h of incubation at 37°C and 5% CO₂, the supernatants of spleen cells were collected and the level of IFN- γ and IL-4 cytokines was measured using enzyme-linked immunosorbent assay (ELISA) technique. Mouse IL-4 and IFN- γ kits (R&D, USA) were purchased, and all the procedures were carried out according to the manufacturer's guidelines. Each sample was analyzed in triplicate.

Statistical Analyses

Data were analyzed using GraphPad software version 6. At first, normality of the data and homogeneity of variances were tested with K-S and Levene's

statistical tests, respectively. P values less than 0.05 were considered as statistically significant. The data are presented here as mean \pm SD of three independent experiments.

RESULTS

Evaluation Thecytotoxicity Effect Of Drugs In Vitro

To examine the cytotoxic effects of the drugs and their combination form on 4T1 cell line and normal cells we used MTT assay to evaluate the cytotoxic effect. The results in figure 1 showed that cocktail drug none significantly increase the cytotoxic effect during 24 and 48 hrs of incubation. However there were no significant differences between the combination and Artesunate or Artemether alone. No significant cytotoxic effect was noticed on the normal cells

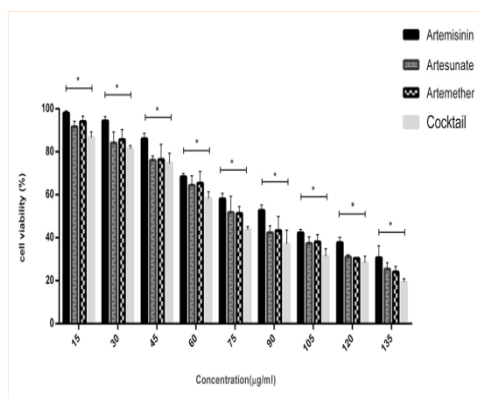


Figure 1(a)

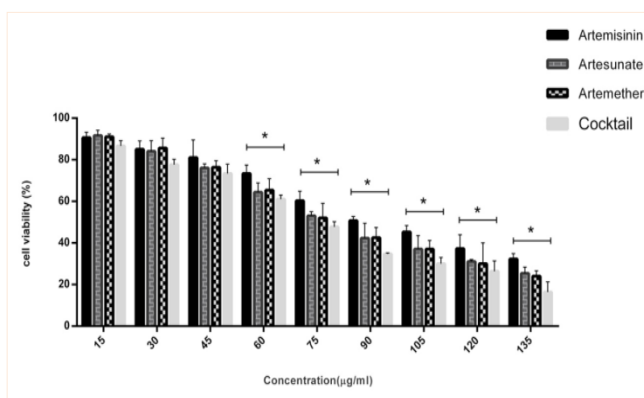


Figure 1 (b)

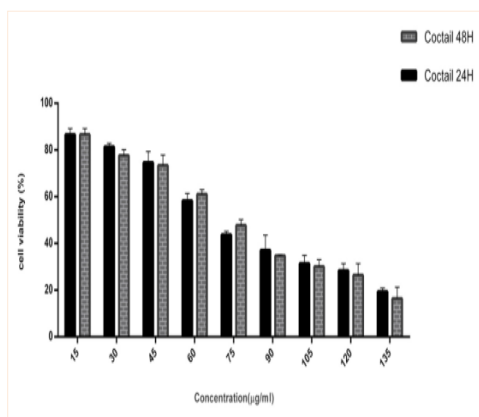


Figure 1(c)

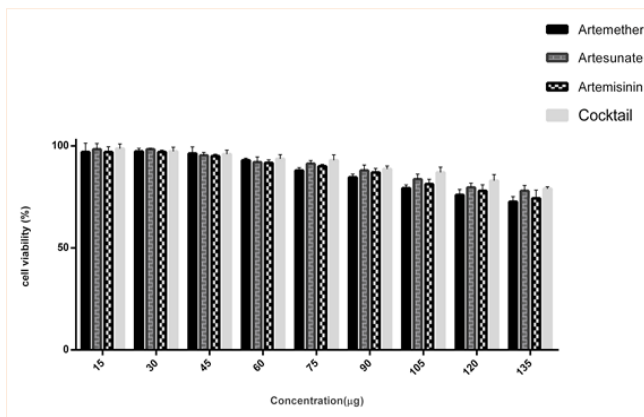


Figure 1(d)

Figure 1(a). Cytotoxic effects of drugs on 4T1 cells in 24 h, (b). Cytotoxic effects of drugs on 4T1 cells in 48 h. (C). Comparison between cytotoxic effects of Cocktail form on 4T1 cells in 24 & 48 h. (d) Cytotoxic effects of drugs on normal blood cells (PBMC)

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Evaluation the Tumor Volume of Mice Following Treatment with Drugs

In order to figure out the effect of drugs on in vivo tumor size, 30 mice were used. After the tumor volume reached to the average size of 90 mm³, animals were divided and injected with drugs according to material

and methods. The results in figure 2 showed that Artemisinin and cocktail groups significantly reduced the rate of tumor growth compared to control group. No Significant difference was observed between tumor volume of Artesunate or Artemether group and control.

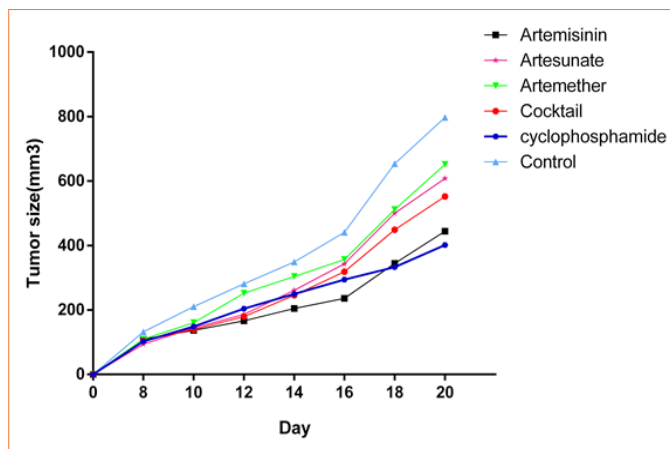


Figure 2. chart showing the mean \pm S.E. tumor volume in 6 groups of mice for 12 days. 20 mg/kg of drugs and the same volume of PBS were intraperitoneally injected to the groups. The treatments were administered on days 8 to 20. The results were analyzed with ANOVA statistical test. Significant difference ($p < 0.05$) was seen in Artemisinin and cocktail groups.

Evaluation the Weight of Mice Following Treatment with Drugs

Weight of mice was measured daily as an indicator

of their general health. The figure 3 no significant difference was observed between Mice weight in any groups.

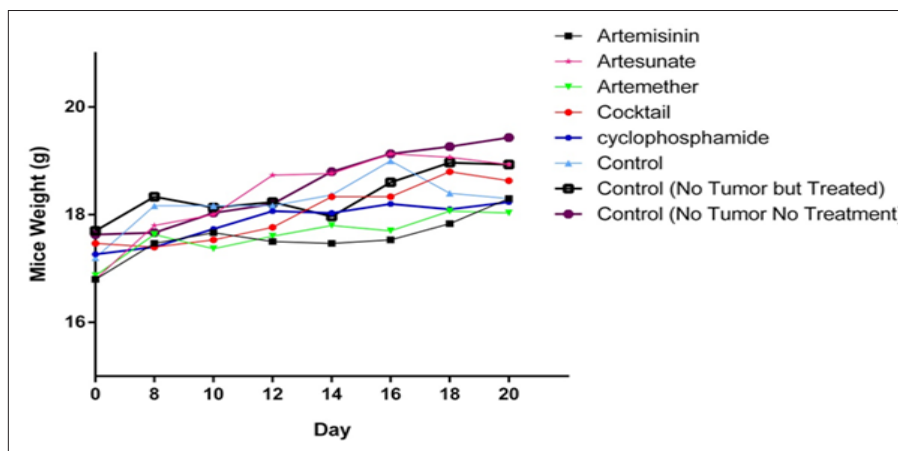


Figure 3. The weight(g) of animals treated with Artemisinin, Artesunate, Artemether and Cocktail drugs

Evaluation the level of Cytokine after Treatment with Drugs

Splenocytes from treated mice were isolated and cultured in vitro. Cells were stimulated by lysate antigens for 72 h and supernatant was used to measure the concentration of IL-4 and IFN- γ by ELISA

technique. The results in figure 4 indicated a significant increase ($p < 0.05$) in IFN- γ concentration in all groups including cocktail. But only production of IL-4 was decreased in the Splenocytes of Artemisinin and cyclophosphamide groups. No significant difference was observed in cocktail group.

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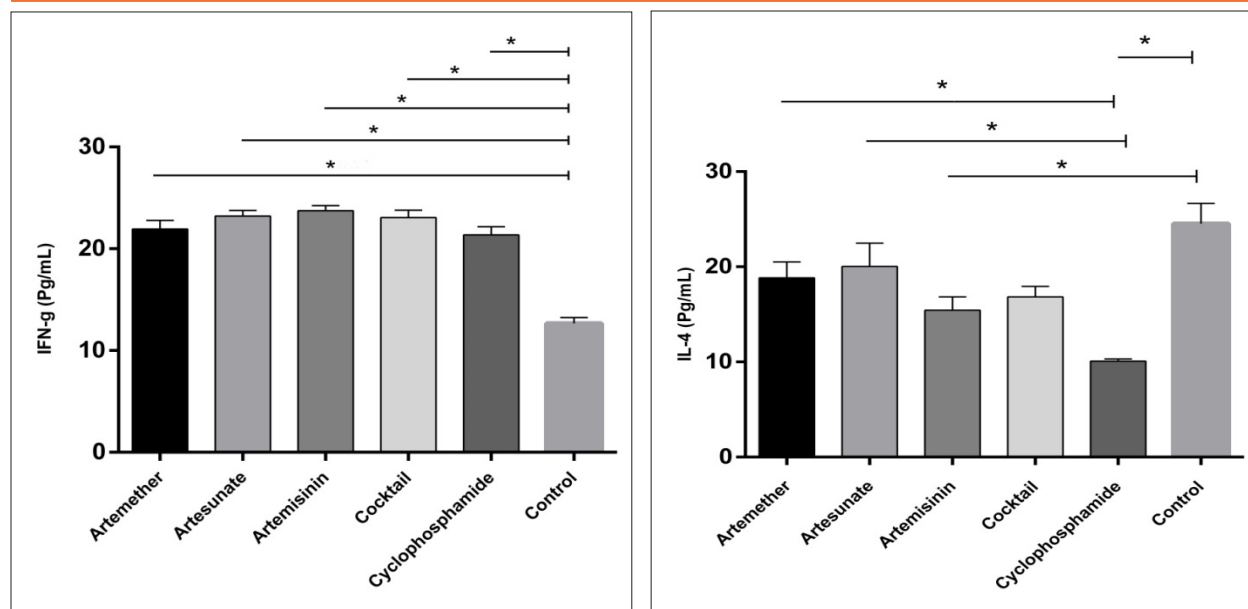


Figure 4. The level of IL-4 and IFN- γ by ELISA technique in the animals treated with Artemisinin, Artesunate, Artemether and Cocktail drugs

DISCUSSIONS

Today there are different ways to treat cancer, such as chemotherapy, Radiotherapy, surgery. The main goal in Cancer Therapy is achieve desired concentration of drug to the tumor site and destroying tumor cells with Minimal damage of normal cells[14]. Artemisinin and its derivatives have this important anti-cancer feature. In this study we tried to provide an evidence to show that the Artemisinin in the combination with its derivatives has the ability in restricting tumor growth in mouse model of breast cancer[15, 16].

Artemisinin is used in treating malaria for years and has little side effects. Beside direct cytotoxic effect on cancer cells, Artemisinin induces apoptosis, inhibits angiogenesis and also reduces regulatory T cells[17, 18]. Artesunate is a water soluble derivative of Artemisinin and applies its anti-cancer effect by inducing nitric oxide in cancerous cells and also reducing anti-apoptotic proteins like Bcl-2. Artesunate decreases the level of VEGF and therefore prevents metastases and invasion of tumor[19, 20]. Artemether, the oil soluble derivative of Artemisinin, induces oxidative damage in DNA [21]. and also decreases the level of drug resistant mRNAs. Artemether's oil solubility feature increases its penetration into cancer cells' membrane[22, 23].

In this study we compared the effect of Artemisinin with its derivatives as sole and combination in killing

cancer cells in-vitro, reducing tumor growth and also cytokine production. As Artemisinin has less cytotoxic effects compared to conventional chemotherapy drugs. Artemisinin half life is short in plasma[24] and because Artemisins each has a specific anti-tumor feature therefore using them as a combination may intensify their anti-tumor properties.

For checking the cytotoxicity rate of drugs, 4T1 murine cell line and human PBMCs were considered as breast cancer and normal cell respectively. MTT results indicate that Artemisinin alone and in combination form have significant cytotoxic and inhibitory effects on tumor cell growth on Breast cancer cell line 4T1. Artemisinin in the concentration of 105 microgram, Artesunate and Artemether in 90 microgram and the combination form in 75 microgram killed 50% of 4T1 cells. So this can be concluded that using these drugs as a combination increases their cytotoxic activity in vitro. In accordance with other similar studies that was performed on normal stomach cells[25] we also found that Artesunate and Artemether are more cytotoxic in killing cancerous cells in comparison to Artemisinin. Also there were no significant differences in the cytotoxic activity between the Artesunate and Artemether within 24 and 48 hour treatment had no significant difference. These incidents were observed in other studies and it is probably because of the short half life of drugs[26-28].

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Since there is high demand of Fe²⁺ iron in the cancerous cells as compared to normal cells, it is expected to see more cytotoxicity on tumor cells than in normal ones. Here we observed that even in higher concentrations of drugs their cytotoxic effect was not changed on normal cells and this shows that combining these drugs dose not intensify their cytotoxic effects against normal cells.

Intraperitoneal injection (IP) of drugs led to the following results;

Artemisinin could induce significant inhibition to tumor growth comparing to control group.

Cocktail drugs induce significant decrease in tumor growth comparing to control group.

Artesunate and Artemether also induce significant decrease in tumor growth comparing to control group.

The pharmacokinetic of Artemisinin is more than Artesunate and Artemether, while the pharmacokinetic of Cocktail drugs was more than Artesunate and Artemether and is nearly equal to Cyclophosphamide

T_H1 polarization in tumor surrounding provides a suitable condition for anti-tumor responses. It is of great importance that the generation of IFN- γ by T_H1 is a help for the cytotoxic T cells to be activated and to be the effector cells in tumor cells killing and finally makes the immune response stronger against cancerous cells. Our results clarify that IP injection of all drugs including the cocktail form increases the level of IFN- γ and leads to significant anti-tumor activity in BALB/c model of breast cancer. Previous studies have shown that Artemisinin and its derivatives have the ability to reduce the number of regulatory T cells, control tumor growth, immune modulatory properties and shift the immune system to cell immunity. Previous studies show that Artemisinin and Artemether solely could change the level of IFN- γ and IL-4. Based upon previous data our results, combination drug could be hopeful for therapeutic effect, at least as supplement drug to decrease in tumor growth and increase in shifting toward T_H1.

Numerous studies have been carried out on the antitumor properties of Artemisinin and its derivative. In recent years many efforts have been made to increase the therapeutic properties of the conventional

drugs, our results showed that combining these drugs can improve the efficiency of their cytotoxicity invitro and their tumor growth inhabitation in tumor bearing mice. However we suggest that some modifications like changing the dose of treatment or schedule of injections can help us gain a better understanding of the mechanism of the cocktail form of drugs.

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