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ABSTRACT

In recent time, wastes management has remained a major concern to both government and larger society. This emanates from anthropogenic activities and continuous population growth with its health attendant problems. Rural areas of most developing countries are faced with health associated with it with its attendant health problems. The study adopts random sampling method; the data were subjected to correlation analysis. A total of 396 respondents were randomly sampled across all the randomly selected wards in the study area with the tools of questionnaire and in-depth interview (IDI). Data collected were subjected to correlation analysis. With the p-value of .182 > 0.05 level of significance at a correlation level of 0.343 at 22 df, there is a weak relationship between spatial pattern of waste disposal and health risks in the rural areas of Kuje Area Council of FCT, Nigeria. In the light of this, the study recommends among others that, inculcation of relevant environmental education, introduction of necessary legislation and the need for attitudinal change towards waste disposal on the part of rural populace.

Keywords: Wastes, Rural, Health, Environmental education.

INTRODUCTION

Rural areas remain the epitome of development in many developing countries of the world; it remains source of raw materials for the industrial sector, and majority of residents are gainfully employed. Despite these beauties of the rural areas, Africa rural is faced with myriads of challenges, among which is waste management (UNEP, 2018). One of these challenges is waste management, which is an important component of the environmental pressure.

Globally, The World Bank (2019) submitted that, in 2016, the worlds' cities generated 2.01 billion tonnes of solid waste, amounting to a footprint of 0.74 kilograms per person per day. Department of Environmental Affairs (2012) reported that, Africa generated 108 million metric tonnes of waste; of 108 million tonnes a horrifying 98 million tonnes of waste went straight into landfill out of which mere 10% are recycled. Similarly, Emenike (2013) posited that, with dense population at 9.12, 8, 4.4 and 3.1 millions in Cairo, Lagos, Johannesburg and Nairobi, respectively, organic/putrescible/biodegradable waste generated is approximately 60% of the total waste stream.

The Sub-Saharan Africa region is the fastest growing region with waste expected to nearly triple by 2050 according to the World Bank (2019). In the same vein, Chinedu, Ezeibe, Anijiofor and Daud (2018) agreed that, 52 % of wastes generated in Nigeria are organic wastes which create additional disposal problems. Similarly, Bakare (2019) affirmed that, Nigeria generates more than 32 million tons of solid waste annually, out of which only 20-30% is collected. Of this amount, Lagos generates per capita waste of 0.5 kg per day, thus the city generates more than 10,000 tons of urban waste every day.

Solid waste management in Nigeria is characterized by inefficient collection methods, insufficient coverage of the collection system and improper disposal. Furthermore, waste disposal in most Nigeria cities include, disposal of hazardous and municipal waste in open, unlined dumps, open burning of municipal solid wastes, dumping on water bodies and in other unauthorized places.

STATEMENT OF THE RESEARCH PROBLEM

Waste management has been a major challenge in the world; Kaza, Yao, Bhada-Tata, and Van Woerden, (2018) submitted that, by 2050, the world is expected to generate 3.40 billion tons of waste annually. The waste disposal scene according to a report by Mail and Guardian (2018) on Africa associated the scourge in waste generation to rapid population growth and urbanization, which is expected to increase from 70% in 2016 levels to 3.40 billion tonnes in 2050. Similarly, Kadafa (2017) concluded that, improperly disposed solid waste has become an environmental and health hazard in areas like the suburbs of Abuja, the Federal Capital of Nigeria.

This scenario has been associated to a number of factors; Taherzadeh and Rajendran (2015) associated this to lack of governmental policy and finance, difficulty in political issues and long-term planning in waste management, social behavior, and resistance to change. Furthermore, separation of wastes at source, regular waste collection services, poor waste management infrastructure, low quality of waste management services, lack of funds, poor environmental awareness, among others have identified as some of the challenges of waste management. In addition, lack of transparency, bad governance and prevalence of corruption in most African countries are major problems militating against efficient MSW management.

Importation of substandard products and nonoperational laws and policies has also contributed to rapid increase in waste generation (Bello, Ismail, Kabbashi, 2016).

The volume of waste has increased of late and this according to Widyaningsih et al (2015) is as result of change in household consumption pattern with its attendant challenges. WHO (2018) affirmed that, 90% of the rural wastes are deposited openly in most developing countries of the world. This line has been towed by Enebeche and Ani (2017) who averred that, rural inhabitants in Nigeria, manage their wastes through uncontrolled burning, indiscriminate dumping on the ground and in the river. Abdel-Shafy and Monsour (2018) affirmed that, solid waste is a stengent and widespread problem in both urban and rural areas in several developing countries. The effects of these have resulted in contaminating the world's oceans, clogging drains and causing flooding, transmitting diseases, increasing respiratory problems from burning, harming animals that consume waste unknowingly, and affecting economic development, such as tourism (WHO, 2018).

Yiougo et al (2013) submit further that, developing countries are faced with waste management challenges in terms of quality and quantity, leading to uncontrolled waste dump and by extension, diverse of diseases and health problems. The dump is historically the basic and most convenient option in the waste management treatment used by human settlements across the globe along with ocean and river dumping practices (Mihai and Taherzadeh, 2017). This practice has been linked to lack of waste and sanitation facilities. Indeed, Okeke (2017) concluded that, solid waste management has posed a threat to the environment and health of several people in Nigeria.

This scenario has also reared its head in the rural areas; yet Akanbi (2019) affirmed that rural areas have remained the citadel of challenges, including waste management. Despite these challenges, study has shown that, over 49.1% of Nigerians live in the rural areas (www. worldmeter.info). However, it is important for generation of employment, provision of food and place of abode for many (IFAD, 2014; Ippmedia, 2017). Ogunniran (2019) opined that, wastes if not properly managed can expose human health to great risk, and make life unbearable to dwellers in such environments. Additionally, Akanbi (2019) submitted that, FCT-Nigeria is not an island when it comes to health challenges, and these may be adduced to invasion by waste disposal system and its attendant problems. Kadafa (2017) sconcurred that, in Abuja, there are large populated areas which don't have any solid waste collection services available to them, and the informal existing collection system consists of individuals whom collect solid waste from residents and dispose of it improperly. In all known rural areas of the study area, there are no dump sites, thus people dispose off their waste indiscriminately without thinking about its health implications.

In the light of the foregoing, the present study is conceived and this is achieved through the following objectives: examine the spatial status of waste management in relation to health risks associated with it in Kuje Area Council of Federal Capital Territory, Nigeria.

Hypothesis

Ho: There is no significant relationship between spatial pattern of disposal waste and health risks in the rural areas of Kuje Area Council of in FCT, Nigeria.

The Study Area



Figure1. Administrative Map of Kuje, FCT-Nigeria

Kuje Area Council is a rural council. It is one of the Local Area Councils in Federal Capital Territory (FCT) of Nigeria. It has a land area of about 2,086Km² and it is located between latitude $6^{0}25'$ and $7^{0}45'$ N and longitude $8^{0}25'$ and $9^{0}3'$ E of the Greenwich. It is bounded in the West by Gwagwalada and Kwali Area Councils and in the East by Nassarawa State.

It shares boundary with Abuja Municipal Area Council in the North –East and Abaji Area Council to the South-West (Figures 1). Kuje Area Council has a population of about 97,233 people (Federal Government of Nigeria Official Gazette, 2007). It is made up three major people with Gwaris constituting about 60.0% while Gede and Bassa constitute about 30.0% and 7.0% in that order. The remaining 3.0% is made up of the immigrants. Suffice to add that, Kuje Area Council is a rural area council, with over 98% of it exhibiting rural criteria in terms of size, function and form.

SOCIO-ECONOMIC CHARACTERISTICS OF RESPONDENTS

This part of the study explains the socioeconomic characteristics of the respondents in relation to sex, marital status, occupation, educational attainment, religion and income.

	Frequency	Percentage	
Ser	Male (87)	Male (22)	
Sex	Female (309)	Female (78)	
Marital Status	Married (297)	Married (75)	
Maritar Status	Spinster (99)	Spinster (25)	
Occupation	Artisans (1297)	Artisans (75)	
	Unemployed(99)	Unemployed (25)	
	Non-Formal (218)	Non-Formal (55)	
Education	Formal (59)	Formal (15)	
	None (119)	None (30)	
Palicion	Christianity (214)	Christianity (54)	
	Muslim (115)	Muslim (29)	
Kengion	ATP (67)	ATR (17)	
	AIK(07)	Income	

Table1. Distribution of Respondents by Socio-Economic Characteristics

Source: Field Survey, 2018.

A cursory look at the profile of respondents in Table 1 shows that, 22.0% are male, while the remaining 78.0% are female. In Africa society, discussions that has to with family lies with heads, who are mostly men. This is further confirmed in an interview by a resource person, who submitted that:

"It is not part of culture for men (no matter her socio-economic status to dispose of waste, it's duty of women to clean and manage all the wastes in the house '' (AIDI, Area One Camp, 2018).

This assertion was shared by Poswa (2004) who posited that, women form the larger proportion of society worldwide and constitute the most vulnerable population groups to inappropriate service system designs in particular, solid waste collection systems.

This assertion affirms the role of women in waste disposal and management and thus in the best position to answer related to the subject matter. One of the shortcomings of the current solid waste collection systems is their male bias, regardless of the fact that women constitute the majority of the service recipients. Furthermore, 75.0% of the respondents are married, while 25.0% are spinsters. The married are largely involved generation and management of wastes is thus able to give adequate information on the subject matter. In the same vein, majority of the respondents are artisans as they constitute 75.0% of the respondents, while the unemployed are 25.0%. A respondent averred in an interview that:

"Population is a major source of waste in the human society; many whose primary Occupation is farming find it difficult to practice it because of scarcity of arable land. Few are among us

that are artisans rarely got job. This explains our state of poverty'' (IDI, Chibiri Ward, 2018).

Similarly, 55.0 % of the respondents have nonformal education, 15% have formal education and 30.0 % do not have any form of either formal or non-formal education. Bearing in mind the relevance of education, what the above trend portend in the face of high percentage of the respondents with non-formal education, is non performance of policies. Lastly, 54.0% and 29.0% of respondents are Christians and Muslims respectively, while African Traditional Religion is 17.0%. Cancin and Adekoya (2016) posited that, religion plays important in the development of Nigeria, and by extension waste management. For instance, no religion aligns to dirty environment.

METHOD AND MATERIALS

The data used in this study were obtained from primary and secondary sources. The secondary source included publications and maps while the primary sources involved were questionnaire and interview. In obtaining relevant data for the study, random sampling technique was adopted. Random sampling was adopted, because all the members of the population in the study area stand the chance of being selected.

The population of the wards was estimated using National Population Commission (1991) at annual growth rate of 2.83%; the use of 1991 census data is informed by the fact that, there is no current population data that disaggregate into localities. In order to have manageable sampled size, 0.5% of the estimated population of the randomly sampled wards was sampled (Table1). This also to have equal representation of all the wards, because of variation in the population of the sampled wards.

 Table2. Estimated Population of Gwaris in Kuje Area Council per Ward

 S (N)
 Vard

S/N	Ward	1991 Population Figure	Estimated Population	Percentage (%)
1	Chibiri	4526	8,083	40
2	Kuje Central	5791	10,342	52
3	Gaube	2553	4,559	23
4	Kabi	2314	4,133	21
5	Kwaku	9142	16,327	82
6	Yenche	3191	5,699	29
7	Gudun-Karya	2102	3,754	19
8	Robochi Central	9485	16,939	85
9	Kujepa	3161	5,645	28
10	Gwargwada	2073	3,702	19
	TOTAL	44,338	79,184	396

Sources: Column 3--National Population Commission, 1991; Column 4--Author's Calculation at annual growth of 2.83%

RESULT

In carrying out the analysis of data collected, correlation analysis was used; it has the advantage of enabling you to examine relationships within the data that might not be readily apparent when analyzing total survey responses (Socialcop, 2016).

Table3. The Result of Correlation Analysis on IDPsand Health of Child in FCT, Nigeria.

	Pearson Correlation	.182
IDPs	Sig. (2-tailed)	.343
	Df	22

The correlation co-efficient in table 3 revealed that, there is a weak relationship between spatial pattern of waste disposal and health risks in the rural areas of Kuje Area Council of FCT, Nigeria. The p-value of .182 > 0.05 level of significance at a correlation level of 0.343 at 22 df.

The Null Hypothesis states that, there is no significant relationship between spatial waste disposal and health risks in the rural areas of Kuje Area Council of in FCT, Nigeria is being rejected.

Sources of Waste in the Study Area



Figure2. Sources of Waste in Kuje Area Council. Source: Author's Survey, 2018.

Studies have shown that, most of the wastes in the rural are organic in nature (Chinedu, Ezeibe, Anijiofor and Daud (2018). From figure 2, open defecation constitute about 45.0% of the waste deposit in the rural areas of the study area. In an interview, a respondent opined that:

"Open defecation is not considered a bad practice among the rural populace; for one, we have vast unoccupied land, thus, digging latrine is considered to be waste of money". (IDI, Kwakwu, Kwakwu Ward, 2018)

This is closely followed by effluence from bathrooms and kitchen which is made up of 40.0%, while wastes from livestock dropping, domestics and agricultural are 5.0% each.

Factors of Solid Waste Disposal





A look at figure 2 shows that, 23.0% of the respondents are of the view that, informal housing system. Studies have shown that, most rural areas in the developing countries are not planned, thus, no place is reserved place for waste deposit.

A respondent averred that:

"A look at the pattern of our buildings show that, buildings are not planned, thus the idea of creating a dump site is not considered important. We dump our wastes anywhere, but do not see anything bad at that" (IDI, Gudun-Karya, 2018).

Similarly, attitude, which 20.0% of the respondents affirmed is a major factor in waste disposal in the study area, has to do with general way of life of a people. It is confirmed general upkeep of the environment is given priority by most rural dwellers. Furthermore, 20.0% of the respondents agreed that, government apathy in coming up with waste disposal polices for the rural areas has led to widespread of waste in the rural areas of the study area. Lastly, 14.0% of the respondents agreed that, uncontrolled population in the rural has also been identified as a factor of waste in the study area. This stand is similar to the observation by Mail and Guardian (2018) who established the relationship population growth and waste generation/ disposal scene.

CONCLUSION AND RECOMMENDATIONS

From the foregoing, indiscriminate waste disposal is anti thermal to the general development of human society. Apart from the destruction of aesthetics of the environment, human beings are also allergic to diseases. The new trend in waste disposal in the rural areas is worrisome; bulk of the wastes in the rural areas is organic and is disposed of openly. The need therefore arises for adequate management of wastes; the benefit lies in improved health status of the people and by extension high productive outputs.

In the light of this, the study recommends the inculcation of relevant environmental education. The idea is that, with adequate environmental education, environment will be considered as ours. Secondly, government can come up with necessary legislation that will spell out awards and punishments for any irresponsible disposer. Wastes generated in most rural areas are openly deposited, and this has remained inadequate.

Lastly, the need for attitudinal change towards waste disposal is a necessity; improper disposal of waste can negatively affect the health of the population living nearby the polluted area.

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