

## SNX3, UBE20 and SNX27 Protein Expressions are Altered in the Hypothalamus of High-Fat Diet Fed Mice. Possible Implications for Retrograde Protein Trafficking

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### Abstract

Obesity is a worldwide health problem characterized by overeating and satiety regulation breakdown. Arcuate nucleus (ARC) in the hypothalamus and controls energy homeostasis mainly through leptin binding to its receptors (ObR). Defective central response to leptin in obesity also involves impairment of endosomal ObR recycling, degradation, and trafficking, which compromises receptor steady state in the plasma membrane. Here we report that ARC from high-fat diet (HFD) mice presented alterations in the expression of proteins involved in endosomal retrograde transport. Indeed, we observed a significant decrease of SNX3 and UBE20 levels as analyzed by confocal microscopy, suggesting an impairment of the endosomal retrograde route in the ARC of HFD fed mice when compared to controls. On the other hand, the fast recycling protein marker, the SNX27, was upregulated in the ARC of HFD fed mice, suggesting that some kind of compensation is happening.

### INTRODUCTION

Arcuate nucleus (ARC) in hypothalamus transduce orexigenic and anorexigenic signals generated by hormones, like leptin, ghrelin, and insulin, triggering food intake/energy expenditure ratio regulation (SCHWARTZ, 1997; ELIAS, 1999; COWLEY, 2001; BOURET, 2012; BAVER, 2014). Leptin bind to ObR (leptin receptor), activating neurons signals that contribute to satiety, being considered an anti-obesity hormone (COLL, 2007; ZHANG, 1994). Overconsumption of dietary fats has been described as inflammatory affecting leptin responsiveness of ARC neurons (TRAN, 2016). The resistance or cell hyporesponsiveness to leptin is involved in satiety ablation and obesity in mice (MÜNZBERG, 2004). There are some hypotheses proposed for leptin resistance (BALLAND, 2015; CUI, 2017), among them we are interested in investigating the ObR recycling machinery proteins expression in the hypothalamus of

obese mice, which may be related to leptin resistance. We described earlier that transcripts of important endosomal recycling genes are altered in the ARC of HFD fed mice (RUBATINO, 2018).

Endosomal transport is essential for the plasma membrane receptors homeostasis (SCOTT, 2014; BELOUZARD, 2004). ObR requires internalization after the binding of leptin (FRÜBECK, 2006), and then sorted to one of three destinations: the degradation, recycling via Trans-Golgi-Network (TGN) or via the plasma membrane (SEAMAN, 2008). Retromer complex is a protein trimmer essential for sorting of cargo protein (SEAMAN, 1997; SEAMAN, 1998). Actin filaments nucleation is essential for endosomal transport and involves the Arp2/3 complex. (HAO, 2013). WASH complex is a nucleating promoting factor (NPF) and binds to Arp2/3, promoting actin nucleation (DERIVERY, 2009; DULEH, 2010; SEAMAN, 2013), thus allowing the endosomal trafficking. WASH

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ubiquitylation is only possible through E3 TRIM27 binding to retromer's subunit VPS35, which is only possible through MAGEL2 intervention (SEAMAN, 2013; GAUTREAU, 2014). To MAGEL2-TRIM27 interaction to happen, the E2 UBE20 is essential for the whole process (HAO, 2013).

The sorting nexin 3 (SNX3) is a member of SNX-PX nexin subfamily able to target retromer to early endosomes via PI3P domain, and also is required for late-endosome Golgi recycling of some cargo proteins (GALLON, 2015). SNX27 has been described as containing amino acid motifs that contribute to retromer-mediated transport of fast recycling receptors, as  $\beta 2$  (LAUFFER, 2010) and  $\beta 1$  (TEMKIN, 2011) adrenergic receptors, from early endosomes to the plasma membrane. There are other proteins and complexes that participate in intracellular trafficking, but they are out of the scope of this communication. For more information upon them, we suggest read Gallon (2015). On the other hand, non-recycled cargos are directed to lysosomal degradation pathways.

Our group has previously described that high-fat diet (HFD) fed C57BL/6J mice presented decreased transcript levels for Ube2o, Igrf2, Cdm6pr, and Tbc1d5 genes, and showed significant body weight gain and hyperglycemia (RUBATINO, 2018). In this short communication, we evaluate the protein expression of SNX3, SNX27, and UBE20 using immunofluorescence in the ARC of these animals.

### MATERIAL AND METHODS

#### Animal Model of Diet-Induced Obesity

All animal procedures were approved by the ethics committee at IEP-SCBH, 0001-15. The high-fat-diet-induced obesity murine experimental model was already described in Rubatino (2018). Thus during that period, StD (3.7kcal/g, 10% from saturated fat) and HFD (5.3 kcal/g, 60% from saturated fat), were purchased from PragSoluçõesBiociências, Brazil. Male, 12-week-old C57BL/6J<sub>unib</sub>, had housing occupation up to four animals per cage. Temperature ( $22 \pm 2^\circ\text{C}$ ) and light cycle (12-h light/dark) were controlled and animals had food and water ad libitum. Mice were randomized into two groups of six animals: one was fed for 8 weeks with HFD and the other group received the StD for 8 weeks. HFD-fed mice were significantly heavier ( $42.3 \pm 4.3\text{g}$ ; 45,8%) than mice that received the StD ( $29 \pm 1.9\text{g}$ ;  $p < 0.001$ ). They also

presented significant hyperglycemia ( $192.3 \pm 27.3\text{ mg/dL}$ ), when compared with StD mice ( $45.4 \pm 14.4\text{ mg/dL}$ ;  $p < 0.001$ ). The plasma leptin levels of HFD-fed mice were significantly increased ( $182 \pm 62\text{ ng/mL}$ ) when compared to StD-fed mice ( $81.9 \pm 62.2\text{ ng/mL}$ ). All data were derived from one representative assay of three independent ones (RUBATINO, 2018). Now, we are evaluating SNX3, SNX27 and UBE20 protein expression in ARC of these animals.

#### Intracardiac Perfusion

At 20 weeks of life, animals were submitted to intracardiac perfusion to have their brains removed. They were anesthetized with ketamine and xylazine at a dose of 150 mg/kg and 10 mg/kg, respectively. Using an infusion pump, we injected 20 mL of PBS (pH=7.4), followed immediately by 20 mL of paraformaldehyde solution (4%, v/v, pH=7.4). After the process, their brains were removed, stored in paraformaldehyde solution for 24 h, and then stored in PBS at  $4^\circ\text{C}$ .

#### Immunofluorescence Staining

The brains stored in PBS had their hemisphere divided and then coated in agarose. Coronal sections were collected using the Vibratome, Leica, VT1000 S. We used the Paxinos atlas in order to guide the cutting process of the hypothalamic ARC region. Immunostaining of SNX3, SNX27, and UBE20 proteins were performed in 5 brain sections per group (50  $\mu\text{m}$  thick). Control groups for each experiment were made with only secondary antibody immunostaining in order to eliminate any unspecific binding during the analysis. Brain sections were blocked for 30 min at room temperature with 3 % BSA (Sigma-Aldrich) and 0,1 % Triton X-100 (Sigma-Aldrich). Then, the sections were incubated overnight or during 72 h, depending on the primary antibody, at  $4^\circ\text{C}$ . The primary antibodies (all diluted in 3 % BSA) used were Anti-SNX27 (SantaCruz Biotechnology; CAT# sc-366387) raised in rabbit, Anti-SNX3 (Abcam; CAT# ab56078) raised in mouse and Anti-UBE20 (SantaCruz Biotechnology; CAT# sc-109125) raised in goat. Sections were washed three times with PBS and incubated with the secondary antibody for 3 h at room temperature. The secondary antibodies used were AlexaFluor 488 anti-mouse IgG (Thermo Fisher Scientific; CAT# A11029), anti-goat IgG (Thermo Fisher Scientific; CAT# A11055) and anti-rabbit IgG (Thermo Fisher Scientific; CAT# A21206). After the incubation with the secondary

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antibody, the sections were washed 3-4 times with PBS and mounted using Fluoromount Aqueous Mounting Medium (Sigma-Aldrich; CAT# F4680). Then, samples were stored at 2-8 °C in a dark box for later analysis.

### Confocal Analysis

Images of the ARC stained for SNX3, SNX27 and UBE2O were acquired using a 20x objective. For this analysis, we used the CarlZeiss 5 Live confocal located at Center of Acquisition and Processing of Images (CAPI) – ICB – UFMG. Before every analysis, we set the equipment (parameters not shown) using the control sample with only the secondary antibody, in order to eliminate any unspecific staining. This sample had fluorescent units equal to 1, and then we performed the rest of the experiment. Z-stack was set at 20 sections of 2, 5 µm each and the mean fluorescence intensity was considered for comparison between groups.

### Statistical Analysis

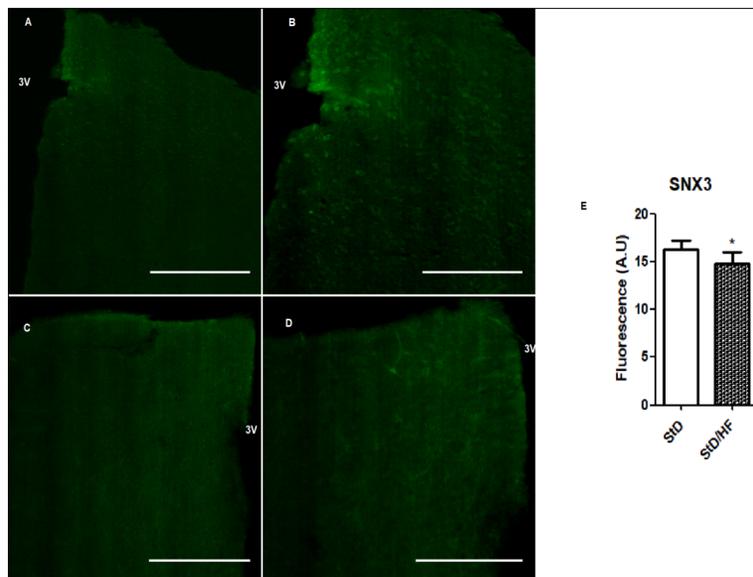
All data are presented as table and graphs as mean and standard deviation, and the confidence interval considered was 95%. Kolmogorov-Smirnov test was applied to select the distribution profile of continuous

data, assuming the parametric distribution. The in situ expression data were analyzed using the Student's t-test. Software R 3.4.2 and GraphPadPrisma 5.0 were used for the statistical analysis and graph plotting.

## RESULTS

### HFD Fed Mice Present Diminished Levels of SNX3 Protein Expression in the ARC.

We have earlier described that HFD-fed C57BL/6J<sub>Unib</sub> mice acquire obese phenotype, among other alterations (RUBATINO, 2018). Indeed, HFD administration is a very used method of inducing obesity (KLEINERT, 2018). Now, hypothalamic samples of these HFD and StD mice were evaluated for protein expression levels by confocal microscopy immunostaining analysis. The SNX3 is an adapter sorting protein of SNX-PX subfamily essential to retromer complex recruitment and WASH complex activation, contributing to TGN retrograde transport. It was observed that ARC of HFD-fed mice presented a smooth decrease ( $14,80 \pm 0,55$  AU) in SNX3 expression when compared to ARC from StD-fed mice ( $16,37 \pm 0,39$  AU) ( $p=0,0494$ ) (Figure 1; Table1).



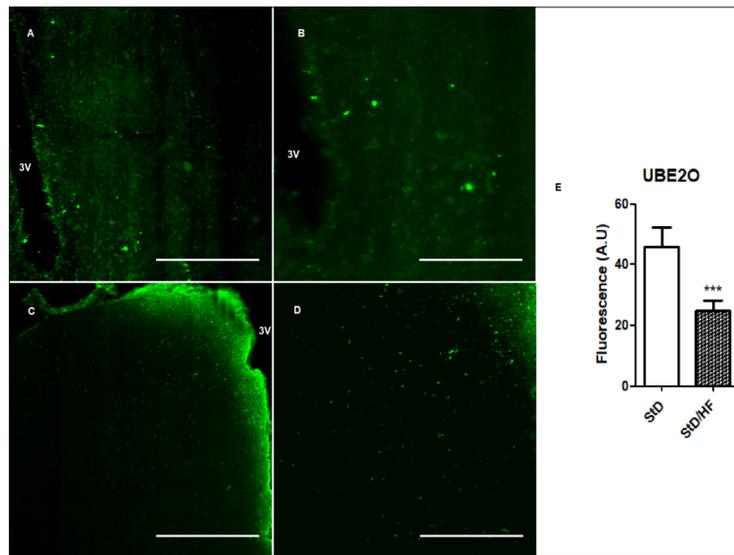
**Figure 1.** Mice fed with HFD from the 12<sup>th</sup> week of life until the 20<sup>th</sup> week of life (HFD) showed a decreased SNX3 protein expression in the ARC when compared to controls (StD). A and B show representative images of SNX3 immunostaining in ARC from StD mice using 10x and 20x objective, respectively. C and D show representative images of SNX3 immunostaining in ARC of HFD mice using 10x and 20x objective, respectively. E: Confocal quantification analysis showing a significant reduction in SNX3 immunofluorescence signal in the ARC from HFD mice ( $14,80 \pm 0,55$  AU) when compared to StD ( $16,37 \pm 0,39$  AU) group. ( $p=0,0494$ ; 3V= third ventricle; AU= arbitrary unit; Scale bar: A-C= 500 µm; B-D= 100 µm). Data are represented as mean ± standard deviation of arbitrary units (AU) of fluorescence. Statistical significance was calculated Kolmogorov-Smirnov test, followed by Student's T test.

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### HFD Fed Mice Present Diminished Levels of E2-Conjugase UBE20 Protein Expression in the ARC

Little is known about UBE20 functions, but it has been described that UBE20 E2-conjugase is essential for

polyubiquitination of WASH complex and formation of actin filaments to endosome transport (HAO, 2013). It was observed that in situ expression of UBE20 in ARC is hugely decreased in HFD-fed mice ( $17,11 \pm 0,51$  AU) when compared to the StD animals ( $32,23 \pm 1,31$  AU) ( $p < 0,0001$ ) (Figure 2; Table 1).



**Figure 2.** Mice fed with HFD from the 12<sup>th</sup> week of life until the 20<sup>th</sup> week of life (HFD) showed a decreased E2-conjugase UBE20 protein expression in the ARC when compared to controls. A and B show representative images of UBE20 immunostaining of StD group using 10x and 20x objective, respectively. C and D show representative images of UBE20 immunostaining of HFD mice using 10 x and 20 x objective, respectively. E: Confocal quantification analysis showing a huge reduction in UBE20 immunofluorescence signal in the ARC from HFD mice ( $17,11 \pm 0,51$  AU) when compared to StD mice ( $32,23 \pm 1,31$  AU). ( $p < 0,0001$ ; 3V= third ventricle; AU= arbitrary unit; Scale bar: A-C= 500  $\mu$ m; B-D= 100  $\mu$ m). Data are represented as the mean  $\pm$  standard deviation of arbitrary units (AU) of fluorescence. Statistical significance was calculated Kolmogorov-Smirnov test, followed by Student's T test.

### HFD Fed Mice Present Increased levels of SNX27 protein Expression in the ARC

Detection of decreased levels of SNX3 and UBE20 protein expression suggested a possible impairment in TGN retrograde transport in the ARC of HFD-fed mice. Therefore, we decided to evaluate the in situ expression of SNX27 protein in the ARC of these animals. It has been described that SNX27 is involved in the fast recycling of receptors to the plasma membrane. We have found that HFD mice presented increased levels of SNX27 expression ( $15,52 \pm 0,93$  AU) in the ARC when compared to the StD group ( $12,07 \pm 1,00$  AU) ( $p = 0,0367$ , (Figure 3, table 1)

The data were summarized in Table 1, thus UBE20 expression in ARC is hugely reduced in HFD fed mice when compared to lean mice. The SNX3 expression in

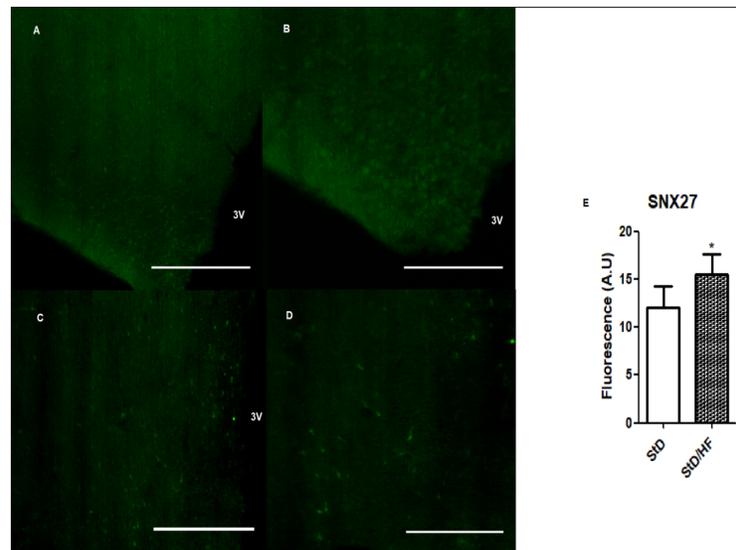
ARC was also significantly decreased ( $P = 0,049$ ), on the other hand, SNX27 ARC expression was increased ( $P = 0,036$ ) in HFD fed mice.

**Table 1.** Summary of SNX3, UBE20 and SNX27 protein expression in the ARC of StD and HFD mice

Groups	SNX3	UBE20	SNX27
StD	$16.37 \pm 0.39$	$31.23 \pm 1.31$	$12.07 \pm 1.00$
StD/HF	$14.80 \pm 0.55$	$17.011 \pm 0.51$	$15.52 \pm 0.93$
p	0.0494	< 0.0001	0.036

Data are represented as mean  $\pm$  standard deviation of arbitrary units (AU) of fluorescence. Statistical significance was calculated Kolmogorov-Smirnov test, followed by Student's T test.

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**Figure 3.** Mice fed with HFD from the 12<sup>th</sup> week of life until the 20<sup>th</sup> week of life (HFD) showed increased SNX27 protein expression in the ARC when compared to controls. A and B show representative images of SNX27 immunostaining of StD mice using 10x and 20x objective, respectively. C and D show representative images of SNX27 immunostaining of HFD mice using 10x and 20x objective, respectively. E: Confocal quantification analysis showing an increase in SNX27 immunofluorescence signal in the ARC from HFD mice (15,52 ± 0,93 AU) when compared to StD mice (12,07 ± 1,00 AU). ( $p=0,0367$ ; 3V= third ventricle; AU= arbitrary unit; Scale bar: A-C= 500  $\mu\text{m}$ ; B-D= 100  $\mu\text{m}$ ). Data are represented as mean  $\pm$  standard deviation of arbitrary units (AU) of fluorescence. Statistical significance was calculated Kolmogorov-Smirnov test, followed by Student's T test.

### DISCUSSION

To our knowledge, this is the first study evaluating the expression of some retromer-WASH components in HFD fed mice. Our main finding is that the expression of SNX3, UBE2O, and SNX27 were significantly altered in HFD obese mice when compared to lean mice. As earlier described, we have shown that HFD induces total corporal weight gain, increased glycemia and plasma leptin levels in C57BL/6J<sub>Unib</sub> mice (RUBATINO, 2018). Ingle (1949) was the first one to use a palatable diet to induce obesity, followed by Fenton (1953), who induced obesity by administrating a diet containing 50% of its energy from fat. Moreover, it has been demonstrated that mice fed with HFD for 19 weeks acquired the obesity phenotype with weight gain, hyperglycemia, and plasma leptin increase (GUO, 2009). Considering the time of murine life, HFD exposition at less than 8 week-old of life has its obesity development capacity diminished (NISHIKAWA, 2007). Further more, it has been shown that the peak of murine weight gain is at 9 months or 36 weeks of age (van der HEIJDEN, 2015) and that older mice gain more corporal weight when compared to younger mice (HOUTKOOPER, 2011). Therefore, considering

the obese tendency of older mice, we used 12-week old mice to induce weight gain with exposition to HFD and evaluate alterations in the retrograde transport machinery, by measuring the in situ expression of the proteins SNX3, UBE2O, and SNX27 in the ARC of HFD mice. The endosome-to-Golgi retrieval pathway is suggested to form part of the recycling machinery of a variety of proteins and receptors and is essential for diverse cellular functions (SEAMAN, 2004). Thus, we specifically targeted proteins involved in endosomal protein sorting.

Ubiquitylation is a highly conserved process in the cell, being described as essential to actin nucleation and posterior endosomal trafficking (GAUTREAU, 2014; FANG, 2004). The retromer complex (a heterotrimer of VPS35, VPS26 and VPS29) recruits WASH to promote the actin nucleation. Several proteins are involved in retromer-WASH recruitment, including E3-ligase TRIM27, MAGEL2 (melanoma antigen L2), and E2-conjugase UBE2O (GAUTREAU, 2014; SEAMAN, 2013). Indeed, some evidence has shown that RNA interference against UBE2O transcription significantly impairs retrograde transport (HAO, 2013). In the present work, we observed that HFD

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promotes a very significant reduction in UBE20 expression in the ARC of mice. Other relevant proteins involved in retromer complex interaction with the endosome membrane are the SNX3 and the Rab7 a, these molecules are considered markers of mature endosomes in retrograde transport to TGN (HARRISON, 2014). Moreover, some authors have already shown that SNX3 is also involved in the recycling of the Wnt-binding protein Wntless (HARTERINK, 2011) and of the transferrin receptor (CHEN, 2013). In the present work, we found that SNX3 protein expression was slightly decreased in the ARC of HFD fed mice. Together, these findings led us to hypothesize that endosomal maturation mediated by SNX3 and ubiquitylation via UBE20-conjugase may be altered in the ARC of HFD fed mice. In sequence, we investigate another pathway involved in receptor recycling to the plasma membrane. SNX27 is mainly expressed in neural tissue, being essential to the fast recycling of several receptors from endosomes to the cell surface, such as the N-methyl-d-aspartate (NMDA) (CLAIRFEUILLE, 2016), the GLUT1 (STEINBERG, 2013), the  $\beta 2$  (LAUFFER, 2010) and the  $\beta 1$  (TEMKIN, 2011) adrenergic receptors. We have observed that SNX27 protein expression was increased in the ARC of HFD fed mice when compared to controls. It was already demonstrated that the SNX27 is essential to life, once SNX27 knockout mice die inside the uterus (CAI, 2011). Moreover, Clairfeuille (2016) have elegantly shown that *in vitro* phosphorylation of serine residues of SNX27 increases its affinity NMDA receptor. Maybe, such a mechanism could be happening in the ARC of the obese animals, up-regulating the SNX27 expression, and compensating other defective pathways, as the SNX3-mediated retrograde transport. The main limitation of this study was the absence of ObR expression analysis.

We plan to determine ObR expression in the ARC, in addition to other proteins associated with the retrograde and lysosomal routes. To conclude, we found alterations in proteins that are important to endosome sorting of cargo proteins, including the retrograde and the fast intracellular recycling. This work gives us a first view of what is happening in the ARC of obese animals, and what consequences it may imply.

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