

## Dying Patient in Peaceful: Family Medicine Concern

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### Abstract

*For critically ill or end-stage patient, near death is a common hard situation for the patients and families. The role of family physician regarding this issue is very interesting. At present, the concept of holistic approach suggested for multidimensional care for the patients. The family physician should use the concept to promote to have the patient received dying in peaceful.*

**Keywords:** *dying; death; near; peaceful; family physician.*

### INTRODUCTION

For critically ill or end-stage patient, near death is a common hard situation for the patients and families. The role of family physician regarding this issue is very interesting [1]. At present, the concept of holistic approach suggested for multidimensional care for the patients. The family physician should use the concept to promote to have the patient received dying in peaceful. observe

### NEAR DEATH, PROBLEM AND NEED FOR PEACEFUL ENVIRONMENT

When one run his/her life to the terminal, a great suffer can be expected. Death is the truth for everyone and seems to the most unwanted in the life. How to prepare for death is the big concern at present. Conceptually one should prepare for death since one is still healthful. The religious concept usually promotes the thought of not overlook for the coming death. The suffering from the illness is the common thing during the near dying. How to decrease the problem of the patient is the big issue in present management for end-of-life situation.

When a patient enters into the end-of-life stage,

there should be a good preparation. The physician in charge and medical care team should prepare for the necessary manipulation to support the patients. The physical support to relief the pain is the common thing. The sedation might not useful comparing to let the patient to realize his/herself and prepared to pass to the new world after death. In additional, the good communication with the family is needed and helps support the end of life care for the near dying patient [2].

The use of spiritual support should also be considered. It is usually observed that the near dying patient usually finds for religious linkage. The praying is a common practice that is proven useful [3]. Praying might be by the patients, medical care team or the family. Family physician needs to set the session to spiritually support to the patient. The hope of the patient to pass the most critical period of the life needs attention from everyone. It might be noted that the patient should receive the happy or good death. Nevertheless, one cannot feel happy with death. The new paradigm is the death in peaceful environment. Death with the lover and good belief to the good pass death stage should be promoted.

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