

# **Of Shame**

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# ABSTRACT

To a gentle man shame acts as brake. It is a personality trait praised by all. Women prefer ornament. To exploit such emotion of the women, in the patriarchal society, shame is imposed upon them in the name of ornament. They are chained in this way. Such a society expects that a newly-married bride must have shame as an added qualification.

Keywords: Shame, painful feeling, regret, disgrace, ignominy, unfortunate, outrageous

## **INTRODUCTION**

Creative writing is based more on manifestation rather than on expression. It does not inform rather reveals, so it bears no reference. The best creative writing is critical, and the best critical writing is creative. The present article is the outcome of creative writing meant for lay readers. As such free style is the methodology adopted so that the pleasure of reading can be enjoyed by the common mass. As you know well that, Francis Bacon (1561-1626), the immortal writer, wrote many essays, and notably "Of Love", "Of Friendship", "Of Ambition", "Of Studies", etc. The myriadminded genius rightly pointed out that all the words of the dictionary can be the themes of essays one can write. But little has been done, in this regard since his death, in order to finish his unfinished monumental works. In fact Bacon's way of presentation and his unique style kindled imagination and inspired me to write essays, in the light of creative writing, thus to get relief through Catharsis.

### ARTICLE

Shame is a feeling of distress and regret as a result of one's own wrongdoing, failure, foolish behaviour, etc. or that of people one is associated with e.g. feel shame at having told a lie; hang one's head in shame.

Shame is the painful feeling arising from the consciousness of something dishonourable, improper, ridiculous, etc., done by oneself or another. It is susceptibility to this feeling e.g. to

be without shame. It is to ignominy or discredit. It is a fact or circumstance that is a cause for regret often used with it as subject. For example: It's a shame you can't stay for dinner.

Shame is a painful feeling of having lost the respect of others because of the improper behaviour, incompetence, etc. of oneself or another. It is a tendency to have feelings of this kind. It is a capacity for such feeling. It is dishonour or disgrace e.g. to bring shame to one's family. It is a person or thing that brings shame, dishonour, or disgrace. It is something regrettable, unfortunate, or outrageous e.g. it's a shame that he wasn't told.

Shame is a feeling of distress or humiliation caused by consciousness of the guilt or folly of oneself or an associate. It is a capacity for experiencing this feeling, especially as imposing a restraint on behaviour e.g. has no sense of shame. It is a state of disgrace, discredit, or intense regret. It is a person or thing that brings disgrace etc. It is a thing or action that is wrong or regrettable. It is to bring shame on. It is to make ashamed. It is to put to shame. It is to force by shame e.g. was shamed into confessing.

Shame is the humiliating feeling of having appeared to disadvantage in one's own eyes, or those of others, as by shortcoming, offence, or unseemly exposure, or a like feeling on behalf of anything one associates with oneself. It is fear or scorn of incurring disgrace or dishonour. It implies modesty. It is bashfulness. It is disgraceful wrong. It is cause or source of disgrace. It is a thing to be ashamed of. It is an

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instance, a case of hard, bad, luck. It is those parts of the body that is felt to be immodest to expose. It is to make ashamed. It is to cover with reproach. It is to put to shame by greater excellence. It is to drive or compel by shame. It is to be ashamed.

Shame is the feeling of humiliation excited by consciousness of, especially one's own, guilt or shortcoming, of having made oneself or been made ridiculous, or of having offended against propriety, modesty, or decency e.g. flushed with shame; begin with shame to take the lowest room. It is to restrain imposed by, desire to avoid, such humiliation e.g. cannot do it for very shame; has no sense of shame; is quite without or dead to or lost to shame.

To my shame i.e. I feel shame that, I never thanked him for his kindness.

For shame! You should feel ashamed! You ought to be ashamed! Here is cause for shame! It is a reproof to a person for not showing shame. It is appeal to person not to disregard, or reproof for disregarding, this restrain or desire.

What a shame! It means how unfortunate. That is disgraceful. It implies how unlucky!

Think shame is to be ashamed.

Shame is the ability to feel shame. For Example: How could you do such a thing? Have you no shame. She is completely without shame. It is the loss of honour or respect as a result of wrongdoing, failure, etc. e.g. bring shame on somebody/oneself.

A shame, in derogatory sense, is a thing that one feels is wrong or unfortunate or that one regrets. For example: It's a crying shame that we didn't buy the house when we had the money. What a shame you didn't win. Isn't it a shame that the rain spoiled our picnic?

Put somebody or something to shame is to be greatly superior to somebody or something. For example: Your beautiful handwriting puts my untidy scrawl to shame.

Put to shame is to cause to suffer shame or disgrace. It is to outdo. It is to surpass. It is to cause to feel shame. It is to do much better than. It is to disgrace or humiliate by revealing superior qualities etc. It is to disgrace, especially by excelling.

Put person to shame is to disgrace him especially by exhibiting one's superior qualities etc. It is person or thing that brings disgrace etc. Shame on you! means you should feel shame about what you have done or said. For example: How could you treat her so badly? It is shame should be felt by. This is shameful of. You should be ashamed.

Shameful is that should make somebody feel shame e.g. shameful conduct/deceit. It is causing shame. It is disgraceful. It is indecent e.g. shameful treatment. It is bringing or causing shame or disgrace. It is not just, moral, or decent. It is offensive. It is that causes or is worthy of shame. It is scandalous. It is that causes or ought to cause shame. It is degrading.

Shameless is having or showing no feeling of shame, modesty, or decency e.g. shameless behaviour; act in a shameless way. It is brazen. It is impudent. It is lacking any sense of shame. It is immodest. It is insensible to disgrace. It is showing no shame. It is having or showing no sense of shame. It is done without shame. For example: Shameless exploiter of child labour. Why are you staring shamelessly at the helpless woman?

Shame-proof is insensible to shame.

Shame worthy/for shame is an interjectional phrase. For example: You should be ashamed!

Shaming is making somebody feel shame. For Example: The experience was deeply shaming for us all.

Shamed/shaming is to cause to feel shame. It is to make ashamed. It is to dishonour or disgrace. It is to drive, force, or impel through or by a sense of shame e.g. shamed into apologizing. He shamed her into going.

Shame is to cover with ignominy or reproach. It is to disgrace. It is to make somebody feel shame. For example: He was shamed by how much more work the others had done. It is to bring shame upon somebody. For example: You have shamed your family.

Shame is to bring shame on, be a shame to, make ashamed. It is to put to shame by outdoing e.g. a sanctity which shames our religions. It is to force by shame into or out of doing, conduct, etc.

Shame somebody into doing something is to persuade somebody to do something by making them feel shame e.g. shame somebody into apologizing.

Shame-faced/shamefast is very modest, bashful, or shy. It is showing feelings of shame e.g. shamefaced expression/grin/apology. It implies ashamed. It is showing shame. It is diffident. It is abashed. It is displaying shame. For example: The shamefaced expressions on his face clearly indicated guilt.

Shamer is one who or that which makes ashamed.

Tell the truth and shame the devil is to put the devil to disgraceful defeat by boldly telling the truth.

Shame, embarrassment, mortification, humiliation, chagrin are synonymous and designate different kinds or degrees of painful feeling caused by injury to one's pride or selfrespect.

Shame is a painful feeling caused by the consciousness or exposure of unworthy or indecent conduct or circumstances. For example: One feels shame at being caught in a lie. It is similar to guilt in the nature and origin of the feeling.

Embarrassment usually refers to a feeling less painful than that of shame, one associated with less serious situations, often of a social nature e.g. embarrassment over breaking a teacup at a party.

Mortification is a more painful feeling, akin to shame but also more likely to arise from social circumstances e.g. his mortification at being singled out for rebuke.

Humiliation is mortification at being humbled in the estimation of others. For example: Being ignored gives one a sense of humiliation.

Chagrin is humiliation mingled with vexation or anger. For example: He felt chagrin at his failure to remember his promise.

Humiliate, mortify, humble, abash, embarrass are synonymous.

Pride and self-respect are antonym of shame.

Following are some phrases used to denote or express shame. Bring shame on; cry shame on somebody; for shame; put somebody to shame; shame on you! What a shame!

Both shameful past and shameful behaviour are bad. Both are hindrances for future prospect. Shameful past allows a shameful person to rectify himself and move ahead accordingly. His past dark track record should be replaced by bright record. Shameful behaviour isolates a person from near and dear ones. Since man is a social being the person must free himself from shameful behaviour thus to regain his status again thereby to achieve normalcy.

To a gentle man shame acts as brake. It is a personality trait praised by all. Women prefer ornament. To exploit such emotion of the women, in the patriarchal society, shame is imposed upon them in the name of ornament. They are chained in this way. Such a society expects that a newly-married bride must have shame as an added qualification.

A hungry person should not be ashamed when asking for food. Otherwise he will suffer from starvation. A rich does not want food. He gets food without demand. A poor has to beg for food. A rich, if be poor, can not beg for alms due to shame. He can cheat. He can exploit till he is rich. Begging is a profession of the poor. Exploitation of the proletariat is the profession of the rich. As such, they say, property is theft. The poor has mastered on the applied technique of begging and wins success exploiting the emotion of the tender souls.

Man moves on foot. But the soldier moves on food. A poor consumes more food than a rich or wise. Both rich and wise persons get the opportunity to discharge intellect. They have so many avenues for entertainment. The poor cannot spend for enjoyment. As such a poor has no option except food and sex. They produce more children, the future labourers, without any shame. They think production is their duty and feeding is the duty of public. People earn on behalf of them. They simply, collect their share from the public through begging. Earning is the profession of public. Begging is the profession of beggars. Both are engaged in their respective jobs since time immemorial. As such question of begging does not arise here. The beggars can not be called beggar. Rather they may be addressed as collector. Great men say shame, hatred and fear are three hindrances towards mundane success and divine salvation.

In some primitive societies, an offender is punished either cutting one ear or both the ears depending on the degree of crime. Now, such a victim having one ear cut passes through remote part and lonely path of the locality lest he is identified with one single ear thereby be ashamed. Now, a victim with two ears cut cannot avoid the notice of the people of having no ear at all. He, thus, conquers shame or he has to conquer shame for his mere existence. As such he passes through the main road of the locality. None laughs for him. Rather everybody laughs at him.

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A man feels shame. He is bound to face shame. Also he becomes the cause of shame many times throughout his life. Thus man, willy-nilly, experiences shame infinite times from cradle to grave. In this regard he is quite undone. Sometimes he loses. Sometimes he gains.

Shame is of various types having its numerous faces and facets. Also it differs in different degrees and dimensions along with diversified forms and features as well.

She could not bear the shame of being tried in public. Don't you have any shame left? The defeated monarch died in shame. What a shame! Untouchability is a shame to our society. The behaviour of our delegates abroad shamed the country. This unlettered man's depth of wisdom would shame many a philosopher. The family members tried to shame the boy out of drugaddiction. She shamed to express her intention.

Shame is an internal force. It resists a character to do something illegal or immoral lest be criticized. It is more powerful than external force. It costs nothing but cures free of cost. An unwilling person works till force is applied. But a willing person works without any pressure or persuasion.

Shame is a negative feeling after doing unethical and illegal work thereby loss of respect. Also unsocial and immoral activities especially sexual involvement causes shame in a conservative society. It degrades the soul. It defames the status. The guilty soul becomes isolated. He is avoided by all either directly or tactfully. A tender soul may commit suicide being ashamed. Those who commit suicide do not know that life has its sweet side too.

Since women are more sentimental than men they commit suicide more. It is the drawback of the patriarchal society that cannot protect its women thereby rehabilitates an unfortunate woman sympathetically. No body wants to die. Unfavourable situations from all corners compel an unfortunate person to leave home for ever or die premature thus to get relief permanently. This permanent departure is the permanent shame of the concerned society.

### CONCLUSION

A man may rectify himself if be excused. A man may be violent if be blamed repeatedly and treated badly. So a victim of shame should be handled with utmost care. If the accused is sentimental then he suffers from repentance and self-imprisons himself being ashamed. It takes time to be normal again. Also it depends upon mood and motif of the society, as a whole. A gentleman seldom teases a person. But an evil soul provokes the accused to react badly thereby enjoys sadistic pleasure. It is more than shame.

### REFERENCES

No reference, since the present article is an outcome of Creative Writing.

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